

## **Mt. Sinai Driver's Education Curriculum for Supervised Driving Parent Log**

- 1. Orientation:** Show gauges, starting, steering wheel grips (10&2 or 9&3), hand over hand (1 turn in 1 turn out), leaving curb-car in drive, signal left, check rearview and side mirror over shoulder to check blind spot. Braking – Stop before stop line, 3 seconds (look left right left, roll up with foot over brake to see better if necessary, go when clear).
- 2. Right and Left Turns, Standing and Rolling:** Standing turns made from stop, all gas into turn. Rolling turns, no stop brake in – gas out, made at about 15mph...right turns tight, 2-3 feet away from curb all the way around. Left turns loose, square up, right lane to right lane...Righty Tightly, Lefty Loosey.
- 3. Light Traffic, Speed Control:** School zones, beach, using gas as much as possible to control speed, brake only when needed. When stopped behind someone at a stop sign or light, always see the tires of the car in front of you. (In case of roll back from a manual car, if someone hits you, you won't be pushed into the car in front or the car in front breaks down (leave yourself an out).
- 4. Moderate Traffic Following Distance:** East on 25A Two Second Rule following distance – pick a stationary spot, car in front of you passes if starting to count to 1000 1 1000 2 if you get to the spot before you get to the 2 you're too close. Ease up on gas. Works for speeds up to 45 mph. Inclement weather or higher speeds use 4 seconds.
- 5. Heavy Traffic:** 25A or 25 West (Mall – 4 lane traffic) using same examples from week 3 and 4.
- 6. Three Point Turn:** Signal right, check rear view mirror, pull over to curb to stop car. Signal left, check traffic, check blind spot. Turn all the way left rolling across the road becoming perpendicular with the curb (giving gas only when necessary). Shift in to reverse. Check left and right. Turning right release brake (but still covering it with foot) looking over right shoulder roll back half the way. Shift into drive. Check left and right. Turn left release brake giving gas only when you have cleared the curb.
- 7. Parallel Park:** Signal right, check rear view mirror. Slowly pull up next to the car (2-3 ft. away). Line up front seat to Front seat. Shift into reverse. Check all traffic. Using only the brake control, roll back looking over right shoulder until the end of the car comes into view of back window. Turn once right. Continue rolling until car comes to a 45 degree angle with parked car (side mirror will cover tail light) Turn twice left rolling slowly back into space, checking front for clearance. To complete park, shift into drive, turn once right then roll forward just enough to know tires are straight. Leaving the parking space, shift into reverse, look back roll for 3 seconds (check front for clearance; should see bottom of tires) shift into drive, signal left, check over left shoulder then pull out when safe to do so.
- 8. Practice Road Test**
- 9. Hills and Curves:** Curves – brake in gas out.
- 10. Defensive Driving Commentary:** Have student driver tell you what they see when they see it. Should have 12 second visual lead.
- 11. Highway Lane Changes:** (County Road 83 or William Floyd Parkway) Student should keep speed up, signal appropriate direction, check mirrors and blind spot (very slight turn of wheel to change lanes) remember to turn off signal.
- 12. Major Left Turns:** (2 lanes to 2 lanes) using center lane called the shared turning lane if need be (is legal) Always turn into lane closest to you.
- 13. Shopping Center Parking Lot:** Speed in parking lot 10-15mph follow same rules as road, signal for everything, practice parking in spots without cards then one then between 2 (left side is easier bigger turning radius).
- 14. Expressway (495):** Merging on, follow lane change rules, get up to at least 50mph to merge on.
- 15. Practice Road Test**
- 16. Review All – Drive Thru**

Student/Parent Driver Log

This log must be completed and submitted by the student in order to receive a certificate of completion MV-285.

Student Name \_\_\_\_\_ Car \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_

Address \_\_\_\_\_ Driving Instructor(s) \_\_\_\_\_

Client ID # \_\_\_\_\_ (9 Digit # Located on your Permit)

	Date	Time Left	Time Return	Driving Time	Lesson	Signature
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						

Driving Instructor Certification of required 16 driving classes:

I, the undersigned, state that the information above is true to the best of my knowledge. Making a false statement is a misdemeanor under Sec. 392 of the Vehicle and Traffic Law.

Instructor (or) Parents Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_